

Movie Review: My Reincarnation

GRAND Guest Writer

By: Pat Burns, Regional Editor, GRAND Magazine

Recently I attended a private screening of a new Jennifer Fox film entitled *My Reincarnation*. From the title you'll most likely grasp this documentary is about the Buddhist belief of reincarnation; however, the film covers more than Buddhist philosophy and beliefs. It features all the dynamics of everyday modern family life – its joys, struggles and conflicts.

The following morning I conducted a private interview with Ms. Fox for GRAND readers. I asked her what she thought my review should convey to the subscribers of GRAND. After a little bit she summarized her documentary perfectly: "... it's about grandparents' privilege and perhaps responsibility of passing on their knowledge and heritage to their children and their grandchildren."

One of my favorite scenes in *My Reincarnation* is a dialog between Tibetan Buddhist Master Namkhai Norbu Rinpoche and his young grandson Diego. Here is a clip from the film of the grandson's inquisitive request for explanations of life – it reminded me of conversations with my granddaughter Skye.

I recommend this film to those interested in other beliefs and lifestyles and to those who enjoy good storytelling. Ms. Fox was able to take 1,000 hours of film and 20 years of her life and bring us an unforgettable story about family, faith and the hereafter from the viewpoints of a Tibetan Buddhist master and his Italian-born son.

My Reincarnation is an official selection of several international film festivals and won two awards.

Opening in select cities October 28, 2011.