

Chögyal Namkhai Norbu

Selected Teachings: 2002 & 2008

Total Running Time: 186 minutes

CNN Kundrolling Teachings 2002

(30 minutes)

New York City, USA

1. The Buddha Said: Everything Is A Dream
2. Coordinating Energy In Daily Life
3. The Main Point Of Marriage is Respect
4. Guru Yoga Is The Most Important Practice: Unifying Teachings & Teachers

CNN Tashigar North Teachings 2002

(26 minutes)

Margarita, Venezuela

1. We Are All On One Boat
2. Don't Be Passive
3. Work with Circumstances
4. Break All Limitations
5. Dreams of My Uncles Showed Me How to Teach Transformation to Westerners
6. I Dreamed of Changchub Dorje & The Kalachakra Practice
7. The End of the Retreat

CNN Merigar West Teachings 2002

(35 minutes)

Archidoso, Italy

1. Our Life Is Impermanent
2. When I Met My Teacher Changchub Dorje
3. My Uncle Togden Achieved Rainbow Body
4. Emotion is the Cause of Samsara: Let's Look At Love & Marriage

CNN Kunsangar North Teachings 2008

(33 minutes)

Moscow, Russia

1. The Real Sense of Dharma
2. Dzogchen Is The Path of Self-Liberation
3. The Attitude Of A Dzogchen Practitioner
4. What To Do When You Are Missing Some Capacity?
5. Do Not Create Fantasy

CNN Tsegyalgar Teachings 2002

(32 minutes)

Massachusetts, USA

1. The History of Reincarnation in Tibet
2. I Was Recognized as the Reincarnation of Adzom Drugpa
3. You Must Discover What Is Dzogchen?
4. A Story From My Father About The Nature Of Mind
5. At the Beginning Everything Is Difficult

CNN Tsegyalgar Teachings 2008

(40 minutes)

Massachusetts, USA

1. In Dzogchen Can You Take A Vow?
2. What Is Refuge and Nondro Practice?
3. People Make Things Complicated
4. We Should Govern With Presence
5. To Get Peace We Need Evolution
6. Karma & The 4 Human Sufferings: From Birth to Death