

October 28, 2011

Film: Documentary

My Reincarnation

Filmed over the span of 20 years, My Reincarnation follows the lives of a high Tibetan Buddhist master, Chögyal Namkhai Norbu, and his western-born son, Yeshi. Born in the shadow of his revered yogi father, Yeshi is caught up in an age-old crossfire: the distance between tradition and contemporary life. As much a story about father-and-son relations as it is about spirituality, director Jennifer Fox's wholly unique story chronicles change and unexpected awakening."

Julian Hooper, Flavorpill